Dear Doctor,

Thank you for referring your patient to the Austin Health Endocrinology Gender Service for gender-affirming care.

We would like to inform you that our service operates under an informed consent model, in accordance with the **2024 Australian Informed Consent Standards of Care for Gender Affirming Hormone Therapy**, developed by AusPATH. This model promotes timely, person-centred access to hormone therapy for trans and gender diverse adults (aged 18 and over) who can provide informed consent and have stable, well-managed mental health.

To improve access and reduce waiting times, our service follows the structure outlined below:

* Patients are offered a maximum of **three consultations**.
* Following these appointments, patients are **discharged back to their GP** for ongoing hormone therapy management.
* Patients may be **re-referred** if new clinical concerns arise that require specialist input.

Please note that we are a **secondary consultation service**. We do not provide mental health assessments or therapy, allied health, GP, nursing, or surgical services. Our model may not be suitable for individuals with:

* Unstable or complex mental health needs
* Cognitive impairments affecting their ability to provide informed consent
* Needs requiring multidisciplinary or integrated care

For patients who may require a more comprehensive, multidisciplinary model of care, we recommend referral to the **Monash Gender Clinic**, which provides integrated psychological, psychiatric, and surgical support.

**Useful Resources**

* *AusPATH Standards of Care -* <https://auspath.org.au/standards-of-care/>
* *AusPATH Provider List -* [*https://auspath.org.au/providers/*](https://auspath.org.au/providers/)
* *TransHub -* [*https://www.transhub.org.au/*](https://www.transhub.org.au/)
* *Monash Gender Clinic -* [*https://monashhealth.org/services/gender-clinic/*](https://monashhealth.org/services/gender-clinic/)

Kind regards,

**Gender Clinic Team**  
**Austin Endocrinology Unit**